



the school of presidio *dance* theatre

SHERENE MELANIA, ARTISTIC DIRECTOR

Bringing the World of Dance Into the Lives of Children™

TEEN PROGRAM

Presidio Dance Theatre offers teens two distinct tracts of training: classical ballet and/or ballet-based international dance specialty with cultural education. Teens study with renowned master teachers and choreographers to perform alongside international artists. Costumes for seasonal performances are created by the designers of the Mariinsky Theatre (home of the Kirov) especially for Presidio Dance Theatre and provided at no charge to dancers in productions.



Classical Ballet Tract

For those especially interested in classical ballet, classes are available four times per week. Variations are created and set on "artists in training" for presentation in the Winter Season. Master Teacher Nikolai Kabaniaev basis his classes on the Vaganova Method. Agrippina Vaganova, the founder of the Vaganova school and method, studied at the Imperial School of Russia, and went on to meld her Russian studies with French and Italian influence. The method focuses on the strength and placement of the back and arms, as well as flexibility and endurance.

Mr. Kabaniaev graduated from the Vaganova School, was an Artist of the Kirov Ballet, taught at San Francisco Ballet, and served as Associate Artistic Director of Diablo Ballet. He choreographs internationally for the stars of ballet.



International Character/Folk Dance Tract

Presidio Dance Theatre's signature production of DANCING ACROSS CULTURES™ is presented annually in the Spring. Teens who enjoy character and folk dance train for the year to participate in shows at the SF War Memorial Opera House and Palace of Fine Arts Theatre. Teens are also invited to become "Trainees" with COLLAGE our collaborative adult company based in SF and Boston. This year, selected Trainees from Presidio Dance Theatre were invited to tour with "COLLAGE," performing in Boston, Philadelphia, New York, and Montreal.

Mr. Martinez leads the international folk and danse de character program. Mr. Martinez graduated from Instituto Mexicano de Artes and Instituto de las Bellas Artes of Mérida, Yucatán in Mexico, trained in classical ballet, folk, and character dance. He is a popular choreographer and performer, a favorite of our students. Each year, 6 choreographers create new works for our Youth Company.



Presidio Dance Theatre Academy won Nickelodeon TV's Parents Picks National Award for **Best Dance Classes in the San Francisco Bay Area for 2009**

TEEN CLASSES

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Level 5 Ballet	6:00-7:30PM Kabaniaev (Studio A)	5:30-6:30PM Pointe (Studio A)		4:30-5:30PM Kabaniaev (Studio A)		11AM-12:30PM Kabaniaev (Studio A)	
Level 5 Character			6:00-7:00PM Martinez (Studio A)				
Level 5 Performance				5:30-7:00PM Kiel/Guests (Studio A)			
Folk Dancing Collage			7:00-9:00PM Weaver (Studio A)				12:00-3:00PM Weaver (Studio A)
Bay Combo Dance	3:45-5:00PM Martinez (Studio B)		3:45-5:00PM Martinez (Studio B)	3:45-5:00PM Martinez (Studio B)			
Mexican Folkloric Dance				5:00-7:00PM Martinez (Studio B)			
Beginning/ Intermediate Tap		7:00-8:00PM Kiel (Studio A)					

Last updated 6/17/10

FOR MORE INFORMATION, VISIT WWW.PRESIDIODANCE.ORG OR CALL 415 561-3958